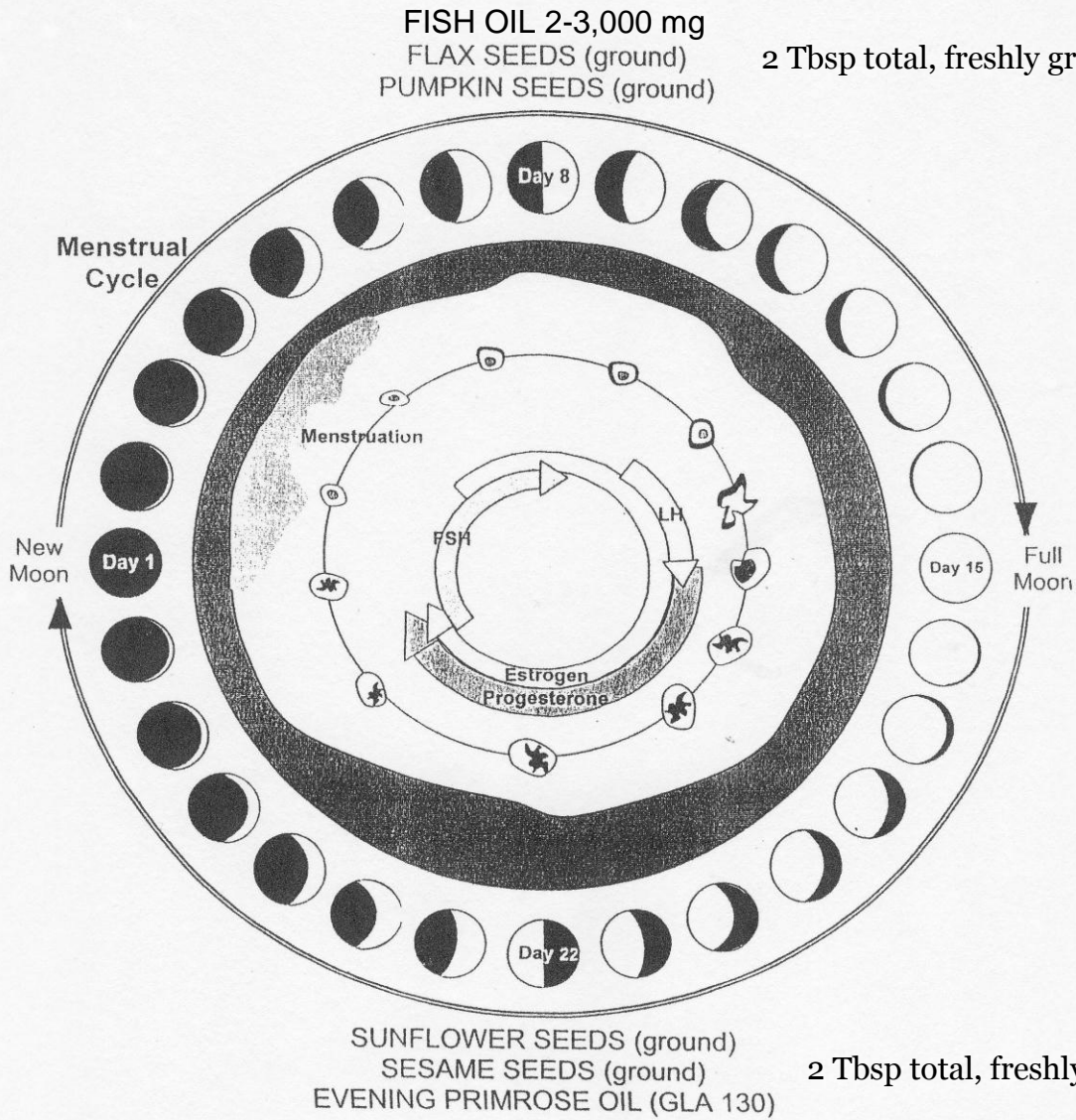


Lunar Chart for the Menstrual Cycle



*Keep whole seeds refrigerated and grind just 2-3 days worth at a time.